

**SPRING 2017**  
**UWSP PED 105 Intro to Physical Education**  
**Justin Stoffel, M.Ed.**

**Contact Information:**

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**Credits and Meetings:**

Credit Hours: 2  
Course Days: M & W 11:00 - 11:50pm  
Course Location: HEC 146

**Text and Resources:**

Required Text

Siedentop, D. & van der Mars, (2012) Introduction to Physical Education, Fitness & Sport  
(8<sup>th</sup>ed.) H New York: McGraw-Hill Humanities/Social Sciences/L.

\*SHAPE America. (2016). National Standards & Grade-Level Outcomes for K-12 Physical Education, 4th Edition. Champaign, IL.: Human Kinetics. **(Purchase for undergrad experience)\*\*\***

Resources

SHAPE America - <http://www.shapeamerica.org/publications/resources/teachingtools/qualitytype/>

UWSP SOE - [www.uwsp.edu/education/Pages/CurrentUndergrad/UndergraduateAdvise/default.aspx](http://www.uwsp.edu/education/Pages/CurrentUndergrad/UndergraduateAdvise/default.aspx)

- [www.uwsp.edu/education/Pages/PortfolioResources/default.aspx](http://www.uwsp.edu/education/Pages/PortfolioResources/default.aspx)

Twitter - [https://docs.google.com/presentation/d/1Oe73w1kW3mN89cUP\\_eNk-yOFef0eQF8TeZ0FfVY1QSO/edit-slide=id.g3354d4b39\\_17](https://docs.google.com/presentation/d/1Oe73w1kW3mN89cUP_eNk-yOFef0eQF8TeZ0FfVY1QSO/edit-slide=id.g3354d4b39_17)

- [http://prezi.com/ch92vzhqs3mf/?utm\\_campaign=share&utm\\_medium=copy&rc=ex0share](http://prezi.com/ch92vzhqs3mf/?utm_campaign=share&utm_medium=copy&rc=ex0share)

**Conceptual Framework:**

The *Introduction to K-12 Physical Education* course is required courses in the physical education concentration for teacher certification. Physical education is a broad field that has its roots in physiology, movement, pedagogy and sport. This course is designed to familiarize the student with historical, philosophical, educational, psychological, biological, sociological, and career emphases related to the field of physical education. Furthermore, this course will help the future candidates develop a personal philosophy that may be used in future professional endeavors. The course provides physical education majors with an overview of key concepts, programs, professions, issues, and trends. Content will include a general overview of the historical aspect, concepts, principals, current trends and issues involving physical education, sport and fitness.

## Course Objectives:

Upon successful completion of this course, the candidate will be able to:

1. Trace the history and impact of physical education leading into the 21<sup>st</sup> century.
2. Value and promote physical education as an integral component of the K-12 school curriculum.
3. Understand what is expected of physical education majors at UWSP, and the sequence of coursework required for completing the degree, including School of Education admission policies.
4. Examine one's own beliefs, philosophy and rationale for wanting to be a physical education teacher/coach.
5. Develop an understanding of the requirements and responsibilities of being a physical educator and the critical issues facing physical educators and certified coaches in locally and nationally.
6. Develop professionalism in physical education and get involved in professional organizations like WHPE, SHAPE America, SHAPERD Club activities, and job related volunteer work.
7. Appreciate the role of the public and private school and the current issues which impact physical education (Examine the impact of racism, sexism, elitism, Title IX, as well as the sociological impact).
8. Discuss career opportunities in the field of physical education.
9. Discuss current testing practices for future teacher licensure.
10. Review and discuss the (5) "National PE Standards" (Shape America.com).
11. Begin the process of building an electronic portfolio and professional materials in support of licensure requirements for PI-34 and PE 400.
12. Improve writing, speaking, and computer skills through assignments, presentations and use of technology.

## Course Assignments / Requirements:

### 1. Assessments

- Chapters/Homework (10 points each).....100 points
- 2 Exams.....150 points
- Final.....100 points

### 2. Assignments

- Meeting/PREZI.....50 points
- Teaching Philosophy Poster.....100 points
- Defending PE Letter......50 points
- "Homework" project & PREZI/PP presentation.....100 points

### 3. Participation

#### Total Points:

Assessments 350 points  
 Assignments 300 points

**Total 650 points**

#### Grades are calculated by percent

|         |    |        |    |        |    |
|---------|----|--------|----|--------|----|
| 93-100% | A  | 87-89% | B+ | 77-79% | C+ |
| 90-92%  | A- | 83-86% | B  | 73-76% | C  |
|         |    | 80-82% | B- | 70-72% | C- |

**Ex. 94% of 650 = 611**

## Course Expectations:

1. Complete all required readings and assignments prior to each class meeting and be prepared.
2. Attendance - see course policy below addressing attendance.
3. Full participation is required.
4. ASK QUESTIONS, Seek HELP, Keep a POSITIVE Attitude.
5. All assignments must be typed and turned in on time. Late work will be reduced. See below.
6. All word processing documents must be supported by MS Word and be uploaded to D2L unless otherwise instructed.
7. Students should take full responsibility for their learning and are encouraged to seek assistance during instructor office hours if questions or concerns arise.

## Course Policies:

1. **Accommodations of Candidates with Disabilities** - UWSP is committed to providing equal educational opportunities for candidates with documented disabilities. The modifications should not affect the substance of educational programs or compromise academic standards; nor should they intrude upon academic freedom. Examinations or other procedures used for evaluating students' academic achievements may be adapted. The results of such evaluation must demonstrate the student's achievement in the academic activity, rather than describe his/her disability. *If modifications are required due to a disability, please inform the instructor and contact Dr. Susan Rood in the Disability Services Office in 101 SSC, and complete an Accommodations Request form. Phone: (715)346-3365*

2. **Academic Integrity** - The board of regents, administrators, faculty, academic staff and students of the university of Wisconsin system believe that academic honesty and integrity are fundamental to the mission of higher education and of the university of Wisconsin system. The university has a responsibility to promote academic honesty and integrity and to develop procedures to deal effectively with instances of academic dishonesty. Students are responsible for the honest completion and representation of their work, for the appropriate citation of sources, and for respect of others' academic endeavors. Students who violate these standards must be confronted and must accept the consequences of their actions.

UWSP 14.03 Academic misconduct subject to disciplinary action. See Students Handbook

3. **Attendance** - Your *attendance and participation is a requirement* of the course and ALL students are expected to attend **ALL** class meetings. Students may miss one (1) class without penalty. Any absence henceforth will result in 10 points deducted from the final grade for each absence occurring past the one class absence grace. Likewise, four (4) tardies will be considered one absence. Understanding life situations occur beyond our control (family death, flu etc.) if you must miss class, please send an email to me before the missed class or as soon as possible. Failure to meet the attendance, participation and academic standards set forth will result in:

A) Failing grade OR

B) Incomplete leading to the disqualification of moving forward in courses.

*Profession Conference attendance will be permitted as an excused absence providing proof of conference attendance*

4. **Examination Policy** - All candidates are required to take exams on site on the assigned dates and times. In the event of professional development conflict accommodations will be considered. Should you require testing accommodations see Accommodations of Candidates with Disabilities section.

5. **Late work:** All work is due by the D2L posting date or the BEGINNING of the class period it is assigned. If it is not received, it is considered late, and will result in a 50% grade reduction for up to 24 hours after the due date. After 24 hours, all work submitted will receive a grade of "0".

6. **Electronic Devices** - Use of cell phones, tablets, MP3 players or the alike at any time during class is strictly prohibited unless permission is provided. Phones especially, should be silenced and stored out of sight. Furthermore, in the event using any of these technology devices is required as part of class work, visits to non-academic Internet sites (unless otherwise noted) is prohibited. Violations of this policy will result in a reduction of points and /or the students being dismissed from class and marked absent without warning.

7. **Risk Awareness** - Candidates should be aware that physical activity is expected as partial fulfillment of the requirements of this class. This includes participation in practice lessons taught by the instructor and/or peers. Candidates should make the instructor aware of any physical limitations that will limit participation in the class.

**From the office of Risk Management:** *"In the event of a medical emergency, call 911 or use red emergency phone. Offer assistance if trained and willing to do so. Guide emergency responders to victim.*

*In the event of a tornado warning, proceed to the lowest level interior room without window exposure. See [www.uwsp.edu/rmgt/Pages/em/procedures/other/floor-plans](http://www.uwsp.edu/rmgt/Pages/em/procedures/other/floor-plans) for floor plans showing severe weather shelters on campus. Avoid wide-span rooms and buildings.*

*In the event of a fire alarm, evacuate the building in a calm manner.*

*Active Shooter – Run/Escape, Hide, Fight. If trapped hide, lock doors, turn off lights, spread out and remain quiet. Follow instructions of emergency responders. <sup>SEP</sup>*

*See UW-Stevens Point Emergency Management Plan at [www.uwsp.edu/rmgt](http://www.uwsp.edu/rmgt) for details on all emergency response at UW-Stevens Point."*

### **Professional Dress Code Expectations:**

When leading and/or participating in the community as part of a UWSP function, it is expected for candidates to conduct themselves an upmost professional manner.

Dress Code:

1. Dress appropriately for the activity of the day.
2. Appropriate, professional looking hats may be worn outside the classroom environment only. Always wear a jacket, hat, gloves and other appropriate clothing for the weather conditions.

All clothes must be clean and free of stains, holes, rips and should fit properly. Tuck in most shirts, especially t-shirts. Shirts may not have inappropriate language, logo, or innuendo. Cover all visible tattoos when teaching or observing children.

**UWSP PED 105  
COURSE OUTLINE  
SPRING 2017**

*\*Please understand the dates and content of the outline may change as the semester progresses! Update provided.*

| <b>Week</b> | <b>Mon. &amp; Wed. Date</b> | <b>Chapter Reference &amp; resource</b> | <b>Topic - Weekly</b>  | <b>In-class activities</b>           | <b>Assessment</b>                          |
|-------------|-----------------------------|---|--|--------------------------------------|--|
| 1           | Jan 23/25                   |   | Introduction and course orientation. D2L intro!  | Intro                                | <b>PREZI account</b>                       |
| 2           | Jan 30<br>Feb 01            | Read Chapter 1                          | Ch 1-Dilema of Our Times   | UWSP SOE                             | <b>Sign up for GOAL meeting this week!</b> |
| 3           | Feb 06&08                   | 2                                       | Ch 2-Evolution of Physical Activity, Phil & programs<br>PE Chronology At A Glance (p.22) | History & Impact of PE into the 21st |  |
| 4           | Feb 13 & 15                 | 3                                       | Ch 3-Developing Infrastructure   |                                      | <b>Feb 15 Meetings</b>                     |
| 5           | Feb 20 & 22                 | 4                                       | Ch 4-Basic concepts of PE  |                                      | <b>Feb 22 Meetings</b>                     |
| 6           | Feb 27 & Mar 01             | 5                                       | Career focus within PE   | *SHAPERD/WHPE?<br>SHAPE AMERICA      | <b>Exam#1 Ch 1-4</b>                       |
| 7           | March 6 & 8                 | 6                                       | Ch 5-PE Programs & Professions<br>Ch 6-Problems, Issues & Future                         | What, How, Why...                    |  |
| 8           | March 13 & 15               | 7                                       | Ch 7 Fitness Concepts<br>Ch 8 Fitness Programs & Professions                             | Equal vs Fair...                     |  |
| 9           | Spring break                | 8                                       |  |                                      |  |
| 10          | March 27 & 29               | 9                                       | Teaching Methods   | Philosophy                           | <b>Defending PE</b>                        |
| 11          | April 03 & 05               | 10                                      | Ch 9- Problems and Issues in Fitness   | Testing practices                    | <b>Exam #2 CH 5-8</b>                      |
| 12          | April 10 & 12               | 11                                      | Ch 10- Basic Concepts of Sport   |                                      |  |
| 13          | April 17 & 19               | 12                                      | Registration starts  | Poster                               | <b>Philosophy Poster</b>                   |
| 14          | April 24 & 26               | 13                                      | Ch 11- Sport Programs & Professions<br>Ch 12- Problems & Issues in Sport                 | Presentations                        |  |
| 15          | May 1 & 3                   | 14                                      |  | Presentations                        |  |
| 16          | May 08 & 10                 | 15                                      | PED 105 Exam group 11<br>Wed, May 17 <sup>th</sup> 12:30-14:30                           | Presentations                        | <b>Final Exam D2L</b>                      |